



ATTENSITY! PRELAUNCH PREP MEETING (thinking toward a national organizing campaign) 5 September 2025

2025-09-05 14:00:57 From Peter to Everyone:

Check out Sebastian's interview in The Empty Cup:
<https://schoolofattention.substack.com/p/what-is-good-attention>

2025-09-05 14:21:19 From Ana Cristina (Tininha) to Everyone:

I absolutely love this walking practice. I wish I were there!

2025-09-05 14:23:38 From Peter to Everyone:

<https://tuskandquill.org/article/detail/my-week-at-the-school-of-radical-attention>

2025-09-05 14:24:00 From Ana Cristina (Tininha) to Everyone:

Thank you 😊

2025-09-05 14:24:49 From margaret wertheim to Everyone:

quick question: how do the courses work? are they once a week? every day? a single event? who comes to them: uni students? general public? who?

2025-09-05 14:25:30 From Peter to Everyone:

Our Q&A with Jac Mullen: <https://schoolofattention.substack.com/p/attention-machines-and-future-politics> And his OWN Substack: https://jacmullen.substack.com/?utm_campaign=profile_chips

2025-09-05 14:26:35 From Peter to Everyone:

Replying to "quick question: how do the courses work? are they ...":

Courses are three weeks - weeknights, usually, for 2.5 hours per session. We get all sorts of folks - but mostly 25-55 age range. Lots of artists, writers, parents, activist types...

2025-09-05 14:26:41 From Jac Mullen to Everyone:

Replying to "quick question: how do the courses work? are they ...":

Margaret, courses are general public and usually a weekly evening seminar which runs for 3 weeks

2025-09-05 14:31:46 From Eric Nadler to Everyone:

Drop notes in chat?

2025-09-05 14:32:00 From Peter to Everyone:

Replying to "Drop notes in chat?":

Yes.

2025-09-05 14:32:06 From Peter to Everyone:

1) Found it challenging to direct my eyes in any sort of path. If I were those X-Men superheroes with laser vision, I would cause a LOT of collateral damage!

2025-09-05 14:32:26 From Larry Berger to Everyone:

Woke me up a lot, and the body remembered the loops when I did it conceptually

2025-09-05 14:32:32 From Donica Bettanin (she/her) to Everyone:

Shocked by how much my gaze CRAVED the object! I had to force the first set of loops.

2025-09-05 14:32:58 From Jac Mullen to Everyone:

I did it on a sketch which is in my room. Has anyone ever accidentally attentionally activated an object without meaning to? Like now it will live on as an attend-to object in my room and I am not sure I want this so richly indexed forever

2025-09-05 14:33:13 From Jahony Germosen to Everyone:

the more I looped around the more my anticipation grew for there to be some change when my eyes arrived back at the object

2025-09-05 14:33:19 From Peter to Everyone:

2) Surprisingly stimulating to keep my eyes fixed on the object while making conceptual loops. Every time my "mind" came back to the object, it looked stranger. The cap of my water bottle became a confounding space-age technology, an R2D2 clone, an emergency (??) button...

2025-09-05 14:33:24 From Sebastian Watzl to Everyone:

Looping "away" conceptually was difficult. The visual gaze seemed to hold the conceptual connections in place, and I found myself looping to objects, ideas, thoughts that were directly connected to the relevant objects, unless I "forced" it to topics that I was already - before this meeting - thinking about. The visual gaze seems to "hold" the conceptual connections in place.

2025-09-05 14:34:04 From Jeff Dolven to Everyone:

I have been preoccupied recently by the difficulty of moving the point of ocular focus slowly and evenly—it tends to leap from thing to thing, like the saccades in reading, and see only where it lights, not in-between. Could you really train your eye to glide, and to see all along the way? A question for concepts, too...

2025-09-05 14:34:04 From Sarah León to Everyone:

It feels now like i have a newly evolved relationship with the object.

2025-09-05 14:34:11 From Raphaële Jeune to Everyone:

Object :
volumetric
haptic
material

Concept :
process of abstraction
process of relating the object to many chains of meaning

2025-09-05 14:34:17 From Steve (Croatia) to Everyone:

first loop - physical eye movement - movement is snappy, not smooth, and it was hard to turn away from the object

second loop - conceptual - movement is smooth but the attention was weaker in the sense that each petal was more fragile, sometimes forgotten, or left unfinished

2025-09-05 14:34:38 From Jac Mullen to Everyone:

Replying to "It feels now like i have a newly evolved relations...":
Yeah exactly. Not sure I wanted to build this with this object in fact.

2025-09-05 14:34:48 From christiegeorge to Everyone:

1) Was struck by all the other objects I noticed as I was making my loops. I suddenly saw them in relationship to my object 2) Other senses were heightened (I suddenly noticed a dog that was barking - I think the whole time) 3) Much easier for me to do actual loops than conceptual ones 4) Conceptual loops were equal part present loops and memory loops

2025-09-05 14:35:15 From Sarah León to Everyone:

Replying to "1) Was struck by all the other objects I noticed a...":
same about the other objects

2025-09-05 14:35:27 From Margaret Zhang to Everyone:

1) I could feel the side of my eye trying to tug back at the object. 2) I couldn't really loop away conceptually because my attention just shifts from immediate from object to non-object

2025-09-05 14:35:28 From Jac Mullen to Everyone:

"Kip kip hurray"

2025-09-05 14:35:41 From Melissa (she/her) to Everyone:

notes on the exercise -

I enjoyed the visual looping, but it was more of a physical sensation than a visual one - feeling my eyeballs rolling in and out of the center space. I liked the pleasant sort of rolling motion that I felt beyond my eyes - into my head and body.

Conceptually, I found that I started out making a kind of daisy chain of thoughts - one connected to the other - until I reminded myself to loop. Then it became a game to figure out how I could have a thought about the flower, then have a related thought, then connect back TO the flower. It helped me closely observe many aspects of the flower.

I started thinking about love, creativity, crafting, the color pink, and passions/ hobbies

2025-09-05 14:35:51 From Amy Hassinger (she/hers) to Everyone:

I found it tough to draw a visual line through empty space—my vision tended to skip from object to object.

2025-09-05 14:35:58 From Vitória to Everyone:

the são paulo biennial starts tomorrow!

2025-09-05 14:36:15 From Peter to Everyone:

On Penguin Random House's website:
<https://www.penguinrandomhouse.com/books/782387/attensity-by-the-friends-of-attention/>

2025-09-05 14:36:23 From Jacob Weger to Everyone:

Making visual loops out and away from the object, I noticed that it started to prompt conceptual loops based on spatial relationships - to the other items nearby, the angles of relationship. I was looking at a coaster on my desk from Indonesia. A batik patterned cloth surrounded by rattan framing. It captures the light from the window behind it, rests on the edge of the desk nearly slipping off. Its floral pattern and bright colors stand out from the flat objects and simple lines surrounding it. Resting my eyes on it,

stabilizing my attention, I realized that its function as an object is also to stabilize (glasses of water, eg) in a spot insulated from the world around it (the desktop).

2025-09-05 14:36:55 From Ana Cristina (Tininha) to Everyone:

The conceptual loop felt much slower to me and I guess if it was my effort to keep the loop attention conceptually- as opposed to concretely looping. About half way through the conceptual loop, my dog came by and sat down, covering the object I was observing for the practice. 😊

2025-09-05 14:38:19 From margaret wertheim to Everyone:

I was attending to a child's drawing of a kitten/bear sitting on a chest of drawers while also being aware of an actual kitten curled up on the bed. Looping between the visual concept of a cat and the physical presence of an actual cat

2025-09-05 14:38:29 From Jac Mullen to Everyone:

These blurbs are crazy and perfect

2025-09-05 14:43:18 From Eric Nadler to Everyone:

Do y'all have a 1 pager on target audience , etc?

2025-09-05 14:43:46 From Eric Nadler to Everyone:

Tx!

2025-09-05 14:56:34 From Jahony Germosen to Everyone:

NOTES:

How do we bring this book to the younger communities?

- How can we get "ATTENSITY" to be the one book that colleges assign Freshman to read at the beginning of the year?

-Reading workshops with ATTENSITY in Houston; Museums, Exhibitions, Conferences

- "Toolkit" or "playbook"

- Having leaders for different communities, ex; librarians, artists, educators, musicians, architects, etc;

- How can we create performance based events centered in ATTENSITY.

- Sending the book out to different associations/groups of people

- People within the buddhist community whom Steve Gleich is familiar with

- It is our job to ~scatter seeds~, getting people to get in touch with the book

2025-09-05 14:56:35 From Peter to Everyone:

Raphael:

Comment dire bookshop in Rennes Brittany

Public arts school in Rennes - could do an event!

Justin Smith is a good contact

Palais du Tokyo

Pompidou!

Jillian Conrad:

Basket Books and Art in Houston

Brazos (sp?) Books

I could be a contact point for the University of Houston

Hirsh Library

Menil Collection Bookstore

Natilee Harren at U Houston

Rice University - they have a bunch of professors who might be interested...

Margaret Zhang:

I'm a student right now... I'm interested in localizing/translating the book for events in China (I'll be here for a while). I work as an illustrator and a graphic designer or a cafe here.

2025-09-05 14:56:55 From Etienne Turpin to Everyone:

Norway is in for promotion / launch in library and can gain national attention

2025-09-05 14:56:58 From Jessica Gallucci to Everyone:

Rebecca Rickman: compatible orgs who could be contacted for programming: the Long Now Foundation, based in San Francisco with an adjunct group in Boston. Founded by Danny Hillis (sp?) and Stuart Brand (sp?), interested in long-term thinking. They do talks that are also recorded and on YouTube. Michael Pollan would be another good person who may be sympathetic. Another org: The Sanctuary in Maine, not just to promote book but to do attentional exercises. I can provide a list of bookstores and authors and people who run events—all who might have their own mailing lists—to Peter Schmidt. I should mention that I participate in a group called Third Act, an org with two goals, to recover our democracy and to clean up the environment. We are a very compatible group with them. There's a huge audience of people who are activists who would be compatible to this particular project. Maybe Peter could give a talk to one of their monthly Zooms.

2025-09-05 14:57:01 From Larry Berger to Everyone:

All my friends know about it already. 1st year seminar, we choose text. Is it a fit for my class. What level is it pitched. It is very readable, not as academics but for popular audience. Lot of programs, when they first come, get a shared read, start over the summer. They can talk about it, used in class for a week of two. Committee decision. Publishers send selections to colleges, many different types of profs are involved. Is there environmental stuff? St Michaels in Vermont. Is this attractive to freshmen? Problems with relationships due to phones, this is an antidote.

2025-09-05 14:57:01 From Jessica Gallucci to Everyone:

Amy Hassinger: I do have a couple of friends here at the university in the Psychology department who study attention. I could send along their emails or send them the book. Alejandro Lleras, an Associate Dean of the college of LAS; home department is psychology dept and his research is in attention: alleras@illinois.edu

Rebecca Rickman: Claudia Besta who does programming at the Hammer. Rebecca could effect the introduction. Todd Larew at the Library Foundation of Los Angeles

2025-09-05 14:57:05 From Jahony Germosen to Everyone:

Donica is the B E S T <3

2025-09-05 14:57:10 From Julian Chehirian to Everyone:

Donica is amazing 😊

2025-09-05 14:57:20 From Jac Mullen to Everyone:

Donica is awesome

2025-09-05 14:57:24 From Connor Griffin to Everyone:

we love donica

2025-09-05 14:57:25 From Ana Cristina (Tininha) to Everyone:

Thank you, Donica!

2025-09-05 14:57:29 From Donica Bettanin (she/her) to Everyone:



2025-09-05 14:57:45 From Etienne Turpin to Everyone:

France is in, schools, universities, vocational schools; co-learning as a launch idea; connect to some of the new K. Verlag publications of authors from France (Anne Alombert, Bernard Stiegler, Fatima Ouassak)

2025-09-05 14:57:49 From Sarah León to Everyone:

@Holmes, Brooke Adding about metaxu with Simone Weil when talking about a prison wall being both a separation and a link

2025-09-05 14:57:51 From Julian Chehirian to Everyone:

// David Landes //

NPR and Oprah.. market influence.

Who do we know in policy spaces, local government spaces, working on legislation or initiatives. Send it to their offices? Which politicians want to see this show up on their doorstep, for whom it would be synergistic?

Quaker meetings - send to meeting houses?

Go to biggest digital detox camps in Silicon Valley, have this be their assigned reading?

Therapists/mental health

product placement in hollywood movie... young people trying to go off tiktok... narrative force

who has a pretty big influencer friend?

university bookstore/university library

// Margaret Wertheim //

LA Public Library. Fresh Air.

// Steve //

Has a friend in music scenes/environmental movement in Croatia, intersections with attention.

2025-09-05 14:58:16 From Etienne Turpin to Everyone:

US requires group tool kit, downloadable free tool kit that is beyond the book itself; a kind of User's Guide

2025-09-05 14:58:38 From Raphaële Jeune to Everyone:

Bookshop of Galerie du Jeu de Paume, Paris

2025-09-05 14:58:45 From Etienne Turpin to Everyone:

can we make a set of spiritual exercises that are available for practice development in group / collective form?

2025-09-05 14:58:47 From Donica Bettanin (she/her) to Everyone:

Replying to "US requires group tool kit, downloadable free tool...":

The user's guide idea came up in our breakout too!

2025-09-05 14:58:52 From Donica Bettanin (she/her) to Everyone:

Jacob W:

Many educators in this group: lots of opportunities to present at universities and schools.
Cultivating Attention Sanctuaries in those spaces
Open Society Foundation

Communicating the IDEAS not just the book
The idea of practice
A small practice like we do in the group
Practices that are portable

Who's going to read it?
Parents
Educators
People who are "searching"
Policy

Carlos: indie bookstores, City Lights
Activist movement in Bay Area

2025-09-05 14:59:01 From Alyssa Loh to Everyone:

Melissa – Washington D.C, originally from NY, lived in Boston for 12 years
Matthew – at Boston College.

Melissa – I'd love more context on the book, which would help me brainstorm, I'd love to read it, even if there is a way to read a more representative example than what we read in May... and more about the goals, I love the idea of these kits, help picturing what we want the book to do... but the big synagogue here does a bunch of books with public intellectuals / writers... and I'm thinking about religious communities... there is a place called the Den... they have a lot of study groups and dinner-type things, programming for 20s-40s which is great, a broader thing...

There is a wine appreciation event in LA, that like to discuss art and cuisine... and that feels right on topic, too... a certain kind of community built around attention

2025-09-05 14:59:02 From Alyssa Loh to Everyone:

Matthew – Philosopher who specializes in psychoanalysis, directs a Center for Psychological Humanities and Ethics at BC, G is coming in Nov to give a talk, and he's keynoting a conference with M in Spain... so a lot of my networks are already open to G & co ... just came out with an article on attention and character education – big network there – and also plugged into a community of psycho-therapists, and a big listserv, 30K. Already in touch with G & co all!

BC is a Jesuit community – and spiritual community might be a good angle

2025-09-05 14:59:56 From Etienne Turpin to Everyone:

how to make those practices trend, how to deprivatize attention with a Users Guide/Spiritual Exercises for Friends of Attention — can we create a shared set of practices, that can be updated, described, adapted, and reshared through an online toolbox

2025-09-05 15:00:42 From Holmes, Brooke to Everyone:

-In Brazil, there is a ripe political opportunity moment for digital rights organizations, especially in regard to children's rights online -- other digital rights organizations?

-In LA, there is a moment for independent movie goers / s a deep hunger for seeing movies together rather than independently streaming -- can connect to directors of these spaces to set up an event or viewing of some sort about the book

-University or department events / book talks – informational or "workshop reading" = book club that also works to set common goals and brainstorm attention activism actions to take

-Book talk at outdoor adventure groups or environmental stewardship volunteer groups

-Talking to folks in the tech industry (e.g. AI ethics team at Google) or funders / community foundations in the arts

-Talking to folks interested in thinking outside the box about what life sentence detention / "rehabilitation" can look like

2025-09-05 15:00:49 From Jeff Dolven to Everyone:

College and university pre-reads: contact deans, but also grass-roots, write to teacher/professor friends and suggest that they nominate the book.

Teachers unions

Public school systems, PTO's

Existing organizations like Wait for Eighth or Screen Aware

Partner with the variety of different events and organizations thinking locally about attention—possibly even organizing events around particular sentences

Study cells: could someone who wants to convene a study group get a "desk copy" as the organizer?

2025-09-05 15:00:59 From Etienne Turpin to Everyone:

can this be tied to some "Attentional Challenges," that are an introduction to freeing your mind, collectively, through new spiritual practices of Attention. how to document? how to build the infrastructure?

2025-09-05 15:01:06 From D. Graham Burnett to Everyone:

HERE IS THE TIM WU BLURB! It is not always that you come across a book that changes how you see the world. Attensity is an extraordinary book - every chapter has revelations that will make you stop and reconsider how you are living your life, and reclaim the life that we have been given. - TIM WU, author of THE ATTENTION MERCHANTS

2025-09-05 15:02:07 From Yves Citton to Everyone:

Note the the folks located in France: Alexandru, Raphaëlle, anyone else? Let's try and organise our campaign in France and in French!

2025-09-05 15:02:10 From Eric Nadler to Everyone:

Y'all know some of the folks at Mana Contemporary and Monira Foundation. I've been there in a studio for 7yrs and can offer to be a point person for stoking activities, learning sessions, etc etc. With artists, musicians, film makers, art makers, printers, creative technologists etc. Also .. NYU ITP. Happy to do similar things there, or provide connections.

2025-09-05 15:03:57 From Eric Nadler to Everyone:

I also run a makerspace and design and fabrication shop. I can provide specialized programming in the context of this type of setting.

2025-09-05 15:05:49 From Eric Nadler to Everyone:

Can you drop that 1pager again? I didn't manage to see it. Tx

2025-09-05 15:06:53 From Steve Gleich in Nova Scotia to Everyone:

National? USA? Canada? Other nations? International?

2025-09-05 15:07:10 From Etienne Turpin to Everyone:

@Peter <https://patientresearchcovid19.com/> call me about this

2025-09-05 15:15:02 From Etienne Turpin to Everyone:

Not everything should be broken up by nation

2025-09-05 15:15:03 From Matthew Clemente to Everyone:

Things that would be helpful for prospective facilitators:

Sample or example practices – How do people lead these practices?
How can groups be modeled after Strother School classes?
Attention activities that are shared communal experiences – how do you pair these groups with events or meetings that are already bringing people together?

2025-09-05 15:15:08 From Etienne Turpin to Everyone:
need some international working groups

2025-09-05 15:15:16 From Jahony Germosen to Everyone:
NOTES: (study group of our dreams)

- a study group that has a mix of practitioners and not just academics; folks in justice involved spaces.
- a study group that culminates reflections through different forms of art. A group that involves a lot of experimenting with practices.
- involving school districts in the creation of study groups so that it flows down from administrators to educators to students.
- spaces where parents can integrate children into the old art (salon) style. Different kinds of exercises and practices.
- study groups for families!!!!
- a study group that uses attention as a lens for CHARITY!

2025-09-05 15:15:27 From Etienne Turpin to Everyone:
specific groups - working groups for certain challenges like law, policy, training, etc.

2025-09-05 15:15:32 From Jeff Dolven to Everyone:
To the previous theme: bookstores! Any of us could probably bring the book to an event at your local.

2025-09-05 15:15:46 From Matthew Clemente to Everyone:
Also, one idea was that it would be worthwhile to try to start student chapters or groups on university campuses -- students can play a big role in this movement

2025-09-05 15:16:00 From Peter to Everyone:
peter@sustainedattention.net

2025-09-05 15:16:02 From Etienne Turpin to Everyone:
also need to begin from Daily Life, real daily private struggles against isolation — and then build those groups around the shared experiences

2025-09-05 15:16:05 From Raphaële Jeune to Everyone:
Question : who has the greatest need for our message?
How to target the particular audience? Most of the discussion on movie sector
LA, a lot of independent films : great hunger in the community in public spaces to be together, instead of streaming.
Co-presence is back in the independent film sector.
Hunger for more than entertainment. Possibility of action, cf Alissa Loh, for example make a little movie on attention prior to the screening, with a little introduction by the group.
Teenager, a prioritarian target, and their parents.

2025-09-05 15:16:07 From Holmes, Brooke to Everyone:
Study Group Considerations / Components:
-Focusing on practices – not primarily an intellectual exercise or reading but grounded in practice
Practicing different forms of attention with varied experiences

-Set up scenarios to make it attractive to people in a way that they feel assured they will be included and will benefit

-Reach out to people you normally wouldn't or be in a place you wouldn't normal, to put yourself in the mindset of different life experiences (e.g. of people who have no internet connection or are in the hospital)

-Invite people to learn how it feels as soon as possible

-Accessibility!!!

-Have reflection on how attention fraction and attention fragmentation shows up in our everyday lives and reflect on the extent to which this is a shared experience

-How can you get the stories of other people about how attention affects their lives?

2025-09-05 15:16:09 From D. Graham Burnett to Everyone:

https://docs.google.com/document/d/179gZmNp0_gfCR8zeg2ywA5dNmjgDvD2qgAx-xj_Byh8/edit?tab=t.0

2025-09-05 15:16:14 From Alyssa Loh to Everyone:

Larry – I'm already running a group like that! Thich Nhat Hanh – Beloved Community Center –an online group, focused on environmentalism – non-denominational – start with a mindfulness exercise of 10 minutes – someone leads – and breakout – this world is already out there and they get a ton of members – 40 new people every week, very popular – people look at the world, and see that the world needs help – I could create a connection – local groups, online groups

Melissa – Goal of the group? People experiencing attention exercises? Or.. do we want people to engage in activism – concrete activity like passing legislation? That would be a different thing – It'd be helpful to branch out from a Brooklyn sensibility

2025-09-05 15:16:16 From Peter to Everyone:

peter@sustainedattention.net Hit me up!!

2025-09-05 15:16:16 From Jac Mullen to Everyone:

Jeff —

They'd do well to be organized around things you love to do—poetry, for instance, for Jeff.

Jeff is very convinced by centrality of protocols and centrality of protocols (and their development) to the importance of writing your own too and learning to do this. Jac agrees whole-heartedly FIY

Roberto —

A growing community of attention activists, on one hand, and group around this bookstore Basket Books, on the other. Publication Studio also an important reference point and fellow-traveler: world-building through community. <https://www.publicationstudio.biz/about/>

What about playlists for attention?

2025-09-05 15:16:16 From Julian Chehirian to Everyone:

Jessica -

She and Danny work in the arts - moving through art spaces, apprending works of art with focused attention in a way that people aren't used to doing.

activities; city, intesection between situationist practices and contemporary urban life

Guy Debord was mentioned earlier. Artists who have brought elements of their practices have some link to attentional practices.

Maija - workshops on deep listening.
sitting in a circle.
creating a safe space, checking in with everyone at the beginning, what did you dream last night?
paying attention to each other first.
using the surroundings, even nature, a city, or more rural space, for walks together

Margaret -

community art project
corcheting coral reefs!

Julian -

affirmed the affective dimension of what Maija was speaking to.. distinguished from a reading group that is more of a disembodied, intellectual, pedagogical project

2025-09-05 15:16:19 From Jac Mullen to Everyone:
Christie—

study group on care work, and for carers, and caring for minds and spirits of care-givers. And maybe there is something like childcare available? A huge response to recent session on parenting and creativity was parents who couldn't make it at the last minute—how do we build for them?

Remixing the manifesto/introduction?

Jac —

I would want a combination of on-going study groups and one-off book 'activation events' which serve as potential pipe-line to study groups. The idea is: you read the book: you know a public event at such and such a time (in person, on zoom, whatever) will walk through how to 'activate' or 'use' the book for community building purposes. This will be really really important for getting people who don't want yet to commit to ongoing work but want to dip a toe in and will help enhance sense of event-like quality of book. Like, directions needed to activate the book, come to an event, etc.

2025-09-05 15:16:29 From Amy Hassinger (she/hers) to Everyone:

Moving outside of intellectual communities (universities, etc.)—how do we do that? One way might be to access the discussion, like in Norway, that's already going on around screens and getting them out of schools. To broaden that conversation outside of the question of screens alone to connect with caring for ourselves. Also, public art experiences, where unexpected things can happen.

2025-09-05 15:16:37 From Peter to Everyone:
peter@sustainedattention.net - keeping this afloat 😊

2025-09-05 15:16:45 From David Landes to Everyone:
ideas for study kit:

2025-09-05 15:16:47 From David Landes to Everyone:

We provide attn practices as "Ways of convening people" for any purpose, so that people convene whatever they do on idea of shared attention. We don't have to be the primary motive for people but the means by which they do what they're already doing.

Gamify the study! Like Pickup sports.

People want sociality without consumption. Attention can be a way to bringing people together in leisure without spending money. Make it primarily social, experiential...

2025-09-05 15:16:58 From Donica Bettanin (she/her) to Everyone:

Focusing on practices

yes, the text itself and some additional readings

Really ground it in practice

Different orientations: political organizing; artistic practice; academic interest

make it possible for the groups to EXPERIENCE different kinds of attention

Invite people to learn how it feels

Not everyone has the faculty or interest to engage in deep intellectual work

Ground it in the everyday

Storytelling/narrative

Accessibility

2025-09-05 15:17:02 From margaret wertheim to Everyone:

for 20 years my twin sister and i have been running the worlds largest participatory art project. Over 30,000 people in 50 cities and countries. Our project is all about attention - in the context of craft. I'm happy to share what I've learned, seen, about doing successful group activities .

2025-09-05 15:17:44 From Peter to Everyone:

Replying to "for 20 years my twin sister and i have been runnin...":

Amazing - let's talk!

2025-09-05 15:17:59 From D. Graham Burnett to Everyone:

<https://www.penguinrandomhouse.com/books/782387/attensity-by-the-friends-of-attention/>

2025-09-05 15:18:16 From Eric Nadler to Everyone:

Toolkits - awesome. If this wasn't recorded elsewhere... I feel it's vital to do many iterations / adaptations of the seed toolkits. It might mean losing some control over content, but there's no way for us to create a toolkit that's ideal everywhere for everyone. I would encourage building the toolkits with this future iteration for specific contexts, cultures in mind.

2025-09-05 15:25:53 From Alyssa Loh to Everyone:

Have to jump — good to see you all!

2025-09-05 15:26:57 From Eric Nadler to Everyone:

I have to go as well... Graham, be in touch if you'd like to talk about anything we went over today.